

# BACK TO THE FUTURE™ KRPA CONFERENCE AND TRADE SHOW

2022

## PRELIMINARY SCHEDULE



JAN 19-21, 2022

[WWW.KRPA.ORG/CONFERENCE](http://WWW.KRPA.ORG/CONFERENCE)

# BREAKING



# BARRIERS

Introducing the **We-Go-Swing®**, the first no-transfer inclusive swing that can be integrated into the playground setting, inviting kids of all abilities to get in on the fun together. We've always designed for inclusive play. Now we're bringing a whole new way to play for all.

Learn more about this revolutionary swing forward at  
[playlsi.com/we-go-swing](http://playlsi.com/we-go-swing)

Contact your local playground consultant:

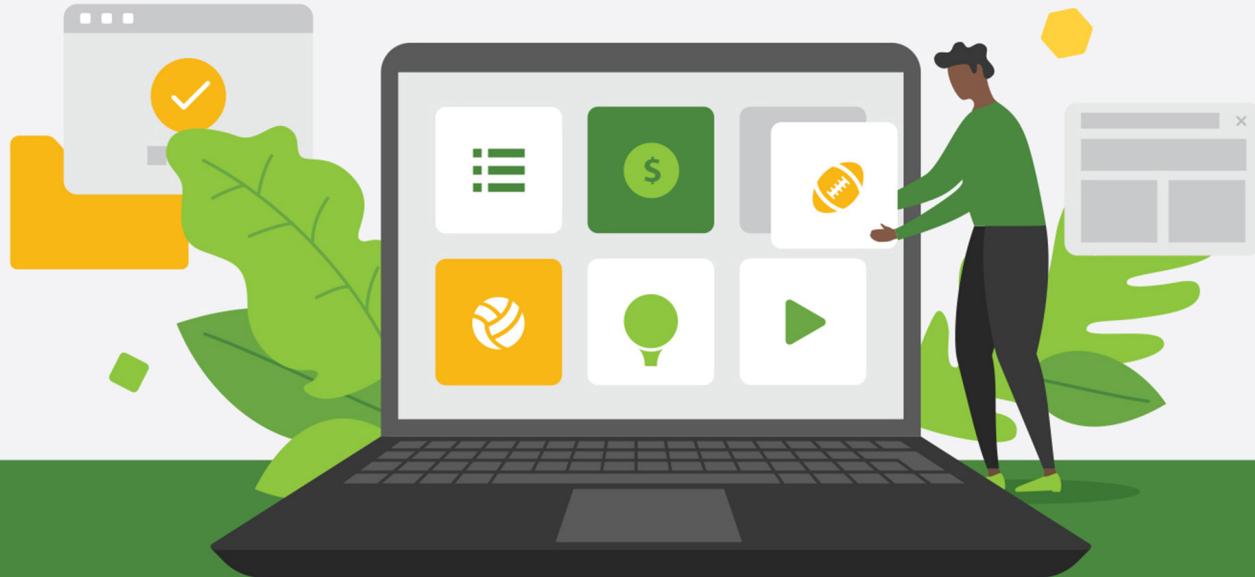
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# Turn Registrations in Revenue

With Efficient and Configurable Recreation Management Software

Our parks are the heart of our communities, and your agency deserves to operate with modern, scalable, configurable parks and recreation management software at its core.

We designed CivicRec® with input from parks and recreation professionals like you to include everything needed to engage park-goers and facility users, including such features as:

- |  |                                      |   |
|--|--------------------------------------|---|
| ✓ Activity registration and management | ✓ Facility and instructor management | ✓ Ticketing, point-of-sale, and online payments |
| ✓ League management                    | ✓ Integrable calendars               | ✓ Inventory management                          |
| ✓ Activity catalogs                    | ✓ ADA compliance                     | ✓ Insightful reporting                          |



Learn more about CivicRec Parks and Recreation Management Software

Visit [civicrec.com](http://civicrec.com)

# MANHATTAN RECREATION CONFERENCE

7:30 AM - 5:00 PM  
**REGISTRATION**

8:00 AM - 12:00 PM

**PRE-CONFERENCE SESSION: EMOTIONAL INTELLIGENCE- BECOMING MORE RESILIENT  
EVEN THROUGH ADVERSITY**

**TERRI CALLAHAN**

This highly interactive session will explore the transformative power of understanding emotional intelligence and the impact emotional intelligence has on our daily lives. Emotional Intelligence is a better predictor of success than IQ. Understanding our own areas of strengths and challenges and developing strategies to change and grow is vital to our personal and professional development. We will discuss 15 areas of emotional intelligence with a focus on the importance of wellbeing, hope, optimism, and empathy. These areas are key to building our own resiliency through difficult times. This session will be highly interactive with time for personal reflection and group discussion. Participants will come away with an enriched knowledge of Emotional Intelligence and strategies for personal growth.

9:00 AM - 12:00 PM

**STUDENT SUMMIT**

9:30 AM - 10:30 AM

**PRE-CONFERENCE SESSION: THE GROWTH OF GAMING & ESPORTS PROGRAMS**

**MISSION CONTROL**

Join this virtual education session to learn why, and how, organizations are starting a gaming and esports program. Mission Control will join to touch on major topics, such as gaming in education, careers in gaming and more!



1:00 PM - 3:00 PM

**OPENING SESSION PRESENTED BY**

**LANDSCAPE STRUCTURE INC:**

**PASSION! 8 STEPS TO REIGNITE YOURS**

**MARK LINDQUIST**

As working professionals, we could all use a little jolt from time to time. This session may be the only time all year when you take a moment to reflect on the things you need to do to reignite the passion that brought you into the workforce in the first place. World-touring entertainer and actor, Mark J. Lindquist, offers a keynote that is as entertaining as it is enlightening as he sends you out the door on fire. You will gain an awareness of the mental roadblocks that stand in the way of progress; this progress can be in your personal lives, the workplace, or in the pursuit of your passions. Many of us feel "stuck" from time to time as we progress through our working lives. Whether it is your first week on the job or you are the director of your agency, you will leave this session with a new vision for the future that will propel them out of the rut and into an exciting journey toward a passion-filled life in all areas, at work and at home.

3:15 PM - 4:15 PM

**COMMUNITY PARTNERSHIPS**

**GREGG EYESTON, K-STATE EXTENSION**

Most likely, co-sponsored programming isn't your primary job. Somehow, the responsibility just landed in your lap. And now, it's up to you to bring it all together like clockwork to create the memorable occasion everyone is anticipating. Build up your professional network by getting tips and techniques from several Manhattan businesses on how they partner with agencies in the community. Steal ideas and suggestions on how to incorporate these events into your community.

3:15 PM - 4:15 PM

**EMPLOYEE HANDBOOKS FOR EMPOWERING PART-TIMERS**

**JENNIFER KRAUS & AMANDA GUTIERREZ, EMPORIA RECREATION COMMISSION**

Do you realize your youngest, least experienced employees are the face of your organization? The part-time staff you hire are the first employee patrons meet at the pool, ball field or summer camp. Do these employees know the mission or values of your organization? Can they answer questions about your weather policy or know who to call? An employee handbook (different than your organization's policy manual) is the answer to helping part-time employees feel empowered in their job to represent your organization. Learn how to write one as a "living document" that includes continuous training on the key categories included.

3:15 PM - 4:15 PM

**DISC GOLF**

**JAMIE RUSCO & ERIC MCCABE, DYNAMIC DISCS**

Come and learn about all aspects of disc golf in your community: needed products and costs, importance of design, economic impact for events, raising funds, school curriculum and more.

**3:15 PM - 4:15 PM**

**REAPING BENEFITS IN CONSERVATION, MAINTENANCE, AND OUTREACH WITH GOATS**

**MARGARET CHAMAS, GOATS ON THE GO- KCMO**  
Goats are increasingly being employed for vegetation management across the county, as they provide chemical-free, mechanical-free, low-impact control of many nuisance vegetation species. They can access areas that are impossible, unsafe, or simply inconvenient for mowers or weedeaters, and in many cases represent a cost-savings over standard maintenance. Goats are also engaging and entertaining, and represent an outreach and public relations boon. On the other hand, livestock in public spaces requires planning for safety and security of the site, navigating local zoning restrictions, and ensuring that the experience is a positive one. Margaret has been in targeted grazing for four years and has grazed parks, conservation areas, and botanical gardens, as well as private residences and acreages. This session will walk through some things to consider when contemplating goats, including site selection and security, finding a good grazier, what to expect from the goats, and a few case studies.

**3:15 PM - 4:15 PM**

**RE-IMAGINING AN ICON: TRANSFORMING THE BIG POOL INTO A NEW DESTINATION**

**DOUG WHITEAKER, WATER TECHNOLOGY INC.; HANK MOYERS, CONFLUENCE; AARON STEWART, GARDEN CITY PARKS AND RECREATION**

Come hear about an incredible passion project, Garden Rapids at the Big Pool, from Garden City Parks and Recreation director and the project's entire design team. Learn about the importance of a pre-design phase for public engagement and proper planning, design and budgeting. Hear from the City of Garden City on the inaugural year of operation in 2021 and how they are planning for their 2022 season and beyond. The team will highlight the importance of the journey for Garden City and how that led to a world-class waterpark in Western Kansas.

**3:15 PM - 4:15 PM**

**TRANSFORMATIONAL IMPACT: DESIGNING PUBLIC SPACES TO PROMOTE INTERGENERATIONAL PLAY & RECREATION**

**JENNIE SUMRELL, PLAYCORE**

By thoughtfully creating and programming outdoor environments with health and wellness in mind, parks can positively impact healthier lifestyles and promote physical activity across generations. Multigenerational spaces, recreation, and relationships sites in every community should be an everyday option to create greater understanding between generations as the population grows more diversified in age, race and ethnicity. Fortunately, interest in using intergenerational strategies to create relevant community spaces, programs, and policy is growing. Our parks and public spaces have great potential to change our communities for the better. This session will explore Intergenerational design strategies aimed at bringing people together through purposeful, mutually beneficial activities that promote greater understanding and respect between generations.

**3:15 PM - 4:15 PM**

**POWERED PRODUCTIVITY: SUPER TECH TOOLS TO GET STUFF DONE**

**BETH ZIESENIS, YOUR NERDY BEST FRIEND**

Exasperated by email? Peeved about passwords? Tired of tedious tasks? You're not alone. Join Your Nerdy Best Friend, aka Author Beth Ziesenis, for a research-based look of common productivity problems, followed by the technology to solve them. Discover how to use free and bargain technology tools you never knew existed to work more efficiently with your teams, get organized and finally get stuff done.

**3:15 PM - 4:15 PM**

**HOW TO USE A PODCAST TO CONNECT WITH YOUR COMMUNITY**

**RACHEL BERBIGLIA, UNCOVERING KANSAS PODCAST**

A podcast can be a valuable tool to create deeper connections with your community. Over 32% of Americans download podcasts each month, so if you haven't considered this option for promoting your events and programs, this is the session for you! We'll break down the elements of a podcast, and go behind the scenes of the creation of an episode. You'll leave this session with a better understanding of what it takes to produce a podcast that can connect with your community.

**3:15 PM - 5:15 PM**

**TRAFFIC STOPS AND VEHICLE SEARCHES**

**UNDERSHERIFF ERIC COFFMAN, GEARY COUNTY SHERIFF DEPARTMENT**

With traffic stops being one of the most common interaction between police and public, officers can easily become complacent. This class will cover some of the safety aspects of making traffic stops and also conducting roadside vehicle searches.

**4:30 PM - 5:30 PM**

**DIVERSITY, EQUITY, AND INCLUSION ROUNDTABLE**

**REGGIE DAVIDSON, WICHITA PARK AND RECREATION; JERMEL STEPHENSON, OVERLAND PARK PARK AND RECREATION**

Come meet the KRPA Diversity, Equity and Inclusion Committee's Co-Chairs. This session will be a thoughtful discussion on the issues surrounding diversity, equity, and inclusion in Parks and Recreation. Questions encouraged.

**4:30 PM - 5:30 PM**

**CALL OF THE WILD**

**RECREATION BRANCH**

We don't steal ideas, we borrow other people's great ones! Come see if any of these strike your fancy during our Call of the Wild. We'll discuss special events, preschool, youth, adult, senior and adaptive programming.

**4:30 PM - 5:30 PM**

**TRANSFORMING A GOLF COURSE FOR A FEW TO A PARK FOR MANY**

**PJ NOVICK AND HANK MOYERS, CONFLUENCE**

Transforming a golf course for a few to a park for many; reimagining three under-performing open spaces into signature recreational facilities and mixed-use developments. The presentation will feature a discussion of three specific projects including: The Meadowbrook Mixed Use Development; Lake Olathe Park and Clapp Park. Each of these facilities were golf courses that were closed and re-envisioned into destination park facilities and developments providing a variety of parks and recreation facilities for each of their communities.

**4:30 PM - 5:30 PM**

**PICKLEBALL LEAGUE AND TOURNAMENT DIRECTOR GUIDE**

**JEREMY REIMER, CITY OF LENEXA PARKS & RECREATION; MALLORY OZIER, JOHNSON COUNTY PARK AND RECREATION**

Recreation professionals are seeing a growing demand of pickleball programming in their communities. Together we will discuss how to take your pickleball programs to the next level! This session will provide realistic strategies for implementing and managing pickleball tournaments, leagues and even the players. Walk away with the confidence you need to finally manage a league or tournament of your own.



4:30 PM - 5:30 PM

#### AQUATIC POLICY MANUAL SHARING AND DISCUSSION

BRIAN HILL, WICHITA PARK AND RECREATION

Discuss, compare, and contrast various policy manuals among attendees. The goal of the session is to have a discussion on trying to have consistent policies among Kansas pools. It will also help to identify policies that need updates and allow for discussions of best practices.

4:30 PM - 5:30 PM

#### LANDSCAPES AND TREES: WHAT SHOULD WE BE DOING?

TIM MCDONNELL, KANSAS FOREST SERVICE

This session will cover a number of topics including: Woody Plant Research and Trials at the JCPHC, Planting and Planting Sites, Inventories and Species Diversity and Trends and Issues in Landscapes.

4:30 PM - 5:30 PM

#### HOW TO BE VISIBLE IN A VIRTUAL WORLD

BETH ZIESENIS, YOUR NERDY BEST FRIEND

Even before the pandemic started a worldwide work-from-home revolution, professionals were struggling to make connections. You're not alone in your virtual world. There are millions of people around the globe who also have to find ways to make connections when they don't see each other every day. Join Beth Z, Your Nerdy Best Friend, for an hour of tips on how to be more human with technology.

4:30 PM - 5:30 PM

#### MAXIMIZE PRODUCTIVITY - REDUCE BURNOUT EVEN IN THE AGE OF COVID-19

DACIA MOORE, GATEWAY OF HOPE

Burnout has always been a problem, but in 2020 it became rampant due to the COVID-19 pandemic. In this session we will discuss how we can avoid burnout and increase our productivity. With the physical effects of the pandemic declining, and more people returning to work, is being highly productive even possible?? YES, it is! But you must be intentional, and strategic. This session will help you create a plan to become both so that you can achieve extraordinary success.

5:45PM - 7:00PM

#### BRANCH AWARDS SOCIAL

7:30PM

#### DOWNTOWN MANHATTAN PUB CRAWL

SPONSORED BY VIREO

Come enjoy fellowship with your park and recreation friends while touring great bars and restaurants in downtown Manhattan. Visit fun places like AJ's Pizzeria, Finn's Pub, Tallgrass Tap house, Bourbon & Baker, Five, El Patron, Pool House Kitchen & Bar, Wine Dive + Kitchen, and Manhattan Brewing Company.



## KEYNOTE SPEAKER: MARK J. LINDQUIST

Mark J Lindquist's life and career are two of the most awe-inspiring stories you have ever heard. Mark is a person who believes that if one human being can do a thing, then you can too. He started life in an orphanage in Seoul, South Korea, was adopted and was brought to America at the age of 8 months and raised on a farm in rural Minnesota. Performing was in his blood from a young age and the culminating moment of his teenage years came when he was given the opportunity to speak on the steps of the Lincoln Memorial for the AmeriCorps graduating class of 2000.

Always a servant, as his mother and father taught him, Mark continued his service in the United States Air Force and served honorably at Hickam Air Force Base in Honolulu, Hawaii.

During his time on the Island of Oahu, Mark earned a few roles on ABC's LOST, CBS' Hawaii Five-O and in the Universal Studios movie "Battleship." Since launching his motivational speaking firm (Mark J Lindquist Motivational Speaking and Entertainment) and his consulting firm (Lindquist and Associates), he has had the opportunity to speak for the largest companies in America (McDonald's, Walmart, Starbucks, IBM), sing for the largest crowds in America (NFL, NBA, MLB, NCAA), and perform for the President of the United States of America.

Mark is a United States Air Force and Afghanistan War Veteran. He currently lives in Moorhead, Minnesota.



**PRE-EDUCATION  
WORKSHOP**

**LIGHTS,  
SMARTPHONE,  
ACTION!**

**A HANDS-ON  
VIDEO  
WORKSHOP**

**Featuring Conference Speaker,  
Beth Z, Your Nerdy Best Friend**

**JANUARY 12, 2022  
1PM TO 4PM  
VIRTUAL**

Since Steven Spielberg isn't going to intern at your company, YOU need to figure out how to make videos for social media, marketing and communications.

This hands-on workshop teaches you a dozen of easy, budget-friendly tech tools to make professional-level videos on the cheap and on the fly.

Registration for this workshop is available at [www.krpa.org/pre-conf-workshop](http://www.krpa.org/pre-conf-workshop)

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7:30 PM - 5:00 PM  
REGISTRATION OPEN

8:00 PM - 4:00 PM  
COFFEE, TEA, WATER AVAILABLE

8:30 AM - 9:30 AM  
**KANSAS COLLABORATIVE ON 2-WHEELS:  
MORE KIDS ON BIKES**

TINA KHAN

This will be an educational informative session on the development of Kansas NICA and bringing the National organization of youth sanctioned cycling to Kansas. This interactive session will cover topics of community engagement, team formation, and coach licensing that spans across our great state with a common mission to get more kids on bikes! With a successful 2021 inaugural launch season, the 2022 KRPA annual conference will be a pinnacle gathering to share more about Kansas and the wonderful collaboration with Parks & Recreation as we continue to build the Kansas NICA state league, Join us to learn more about getting #morekidsonbikes.

8:30 AM - 9:30 AM  
**YOUTH JOB CONNECTIONS- DEVELOPING A STRONG, VIBRANT WORKFORCE**

DEBBIE WILLIAMS, DERBY RECREATION COMMISSION

A large percentage of young people

preparing to enter the workforce over the next few decades are significantly lacking in the "soft" or applied skills, such as teamwork, decision making, and communication, that will help them become effective employees and someday managers. It is the development of soft job skills (those that are more social than technical) that is critical to developing a strong, vibrant workforce. What are you doing to train your young people to be good employees now and in the future? Join us in discovering how you can educate young people on the importance of communication, enthusiasm and attitude, leadership, teamwork, networking, problem solving and critical thinking, and professionalism.

8:30 AM - 9:30 AM  
**IMAGINATION AND PLACE: THE ROLE OF PUBLIC ART IN PARKS**

MEREDITH MCKINLEY, VIA PARTNERSHIP; SUSAN MONG, JOHNSON COUNTY PARK AND RECREATION DISTRICT

Public art projects are often expected to accomplish a wide range of goals including education, economic development, storytelling, and placemaking. However, effective public art projects depend on clear goals, the quality of public space, and engagement with the community. In the context of a park or park system, public art can be a catalyst and sustainer of a community's sense of stewardship. As public spaces to encounter culture and nature, parks are an ideal setting for innovative public artworks that stimulate interaction rather than simply passive observation. Importantly, the design process and ongoing life of public artwork is just as critical to these benefits as the final piece itself.

8:30 AM - 9:30 AM  
**ENFORCING PFA LAWS**

SHERRI SCHUCK, POTAWATOMIE COUNTY ATTORNEY

In the state of Kansas, judges can issue what is known as protection from abuse (PFA) orders. Commonly known as a restraining order or an order of protection, PFA orders are designed to protect against "abuse". This class will cover the enforcement and investigation of violations of PFAs. Also touching on stalking and domestic violence issues.

8:30 AM - 9:30 AM  
**DIFFERENCES BETWEEN RECREATIONAL AND COMPETITIVE SPORTS**

RANDY CARTER, HUTCHINSON RECREATION COMMISSION; TROY HOUTMAN, WICHITA PARK AND RECREATION; WESLEY JOY, WINFIELD RECREATION COMMISSION

This will be a panel discussion on how different communities run their recreational and competitive leagues and they will talk about the differences between programs. This panel will have league coordinators from Hutchinson, Winfield and Wichita.

8:30 AM - 9:30 AM  
**NATURE THERAPY DAY - AN APPROACH TO MENTAL WELLNESS**

JOHN GALLAGHER, HUTCHINSON RECREATION COMMISSION; BETH AKINS, HORIZONS MENTAL HEALTH CENTER

A "muscle" often overlooked and that receives little direct, purposeful activity is the brain. Scheduling deliberate activities for the mind is just as important as your physical workouts. Mental health isn't for just when you are "sick". Proactive mental health should be a routine activity. And, now more than ever, we all need to address this. The stress that these times bring emphasizes the need for "mindfulness". One of the best ways to approach mindfulness is by immersing yourself outside.....in nature. There is clear evidence that immersing yourself in nature is beneficial for your overall health. This can include activities like Yoga, Tai, Chi, and meditation. But, you can go deeper by deliberately taking the time to feel, listen, and smell nature.



**8:30 AM - 9:30 AM**

**UNCOMFORTABLE POLICY ENFORCEMENT**

**BRIAN HILL, WICHITA PARK AND RECREATION**

Talk about many of the high profile and uncomfortable policies that are at swimming pools and strategies on how to enforce them. The session will focus on implementing strategies to inform the public of policies and how to approach the enforcement in a positive way.

**8:30 AM - 9:30 AM**

**MOTIVATING DURING A PANDEMIC**

**FRANK TRACZ, K-STATE UNIVERSITY BAND**

As a leader to 450 college age students, some new, a few grumpy seniors, I have learned a few techniques on how to motivate the 18-24 year old age group. Every year new kids come with new issues, so keeping up is hard to do. If this is not what you were looking for, a few great stories will be told you that you will not want to miss. (Yes, it was the Starship Enterprise)

**8:30 AM - 9:30 AM**

**INFUSING NATURE INTO EVERY SPACES OF CHILDHOOD**

**JENNIE SUMRELL, PLAYCORE**

Explore best practice design principles and case examples for creating naturalized play environments and playful pathways as a solution to delivering quality outdoor environments for children to reconnect with nature. Discover how these environments intentionally attract families, promote physical activity, increase play value, and provide unique learning opportunities for communities.

**9:45 AM - 10:45 AM**

**SURVEILLANCE TECHNIQUES FOR LAW ENFORCEMENT**

**DETECTIVE ROB GORDAN, POTAWATOMIE COUNTY SHERIFF DEPARTMENT**

This class will cover some of the technology available to law enforcement to use for surveillance purposes. Mainly focusing on the use of cameras and GPS trackers. Also the legal aspects that go along with using these devices.

**9:45 AM - 10:45 AM**

**PROGRAMMING FOR OLDER ADULTS**

**BETTIE PARINGTON, LENEXA PARKS AND RECREATION; GAYLE SIGURDSOHN, LAWRENCE PARKS AND RECREATION; DENIS DIAS, JOHNSON COUNTY K-STATE RESEARCH AND EXTENSION; SABRINA JO, JOHNSON COUNTY K-STATE RESEARCH AND EXTENSION**

A panel of content experts will give you some inspiration to jazz things up and make your O.A. programs fun to offer and participate in. Bring fresh ideas to your senior programming. Bettie, Gayle, Denise, Sabrina and more will speak on relationship building with the public, building back from COVID, creating a motivational climate in group exercise classes, and bringing excitement back to your older adults (O.A.) programs. They will focus on helping exercise leaders and fitness facility managers understand how to foster positivity and motivation in their group exercise classes, which leads to increased engagement and exercise adherence. Jazz up your older adult offerings in 2022!

**9:45 AM - 10:45 AM**

**GRANT WRITING 101 FOR PARKS AND RECREATION**

**NANCY DANIELS, K-STATE RESEARCH AND EXTENSION; ERIKA SEWARD, JOHNSON COUNTY PARK AND RECREATION DISTRICT**

Are you a beginning grant writer or a grant writer "wanna-be?" Perhaps you know you need to be writing grants, but a feeling of fear and overwhelm keeps you from starting. In this session, experienced KRPA grant writers will share their grant writing experiences, successes and failures. At the end of this session you will know the opportunities available through grants, the processes and ground work necessary to be successful, and tips to increase your effectiveness. The session will be facilitated by an experienced grant

writer and includes a panel of your KRPA peers who started just like you: as beginners. This session will also provide information on future grant writing workshops available for KRPA members at a nominal cost.

**9:45 AM - 10:45 AM**

**A HIGHER LEVEL OF INCLUSIVE PLAY**

**JILL MOORE, LANDSCAPE STRUCTURES INC.**

The playground should be a place for laughter, friends and fun, for all. Traditional playgrounds focus on accessible-element play count and developmentally appropriate activities; but miss the mark when it comes to supporting a wide range of abilities. Per the CDC, one in 54 children has autism resulting in challenges interpreting sensory messages, engaging in play and social interaction. All children learn through their senses. Evidence-based research shows sensory-rich play environments with appropriate levels of challenge, a variety of activities to promote choice, develop functional skills, imaginary play and social skills provide a higher level of inclusive play for all.

**9:45 AM - 10:45 AM**

**THE AQUATICS EDIT**

**RENEE REIS, CITY OF OVERLAND PARK; KATHY YATES, CITY OF OVERLAND PARK**

The City of Overland Park will present their monthly organizational plan for trainings and recognition. Attendees will walk away with some great idea for training and easy to produce recognition, and rewards to match their monthly theme. This session is great for both a veteran aquatics professional and someone just starting.

**9:45 AM - 10:45 AM**

**UNIQUE RECREATION MARKETING TIPS**

**KATIE WOODS, WINDSURGE**

Planning is a necessary part of the marketing process. To ensure marketing collateral is delivered in the right time frame you need to maximize your marketing strategy by targeting offers to specific groups at specific time. Get some great ideas to enhance your departments marketing from digital tools to monitoring and guiding content along with off season deals.

**9:45 AM - 10:45 AM**

**MENTAL HEALTH MATTERS FOR TEENS**

**TYRONE TOWNSEND, RILEY COUNTY POLICE DEPARTMENT**

This presentation will explore research on psychological first aid, risk factors of suicide/self-harm and emotional disturbances unique for adolescents. Receiving guidance from existing research, it will highlight tools for teens to use to monitor their own needs and empower them to seek help when needed. It will explore interventions such as open communication, congruence, consistency in care and investment in the wholeness of the teen as an employee and person. Lastly, it will examine mental health resources available to you as an employer/employee with regards for intervention, such as ComPsych through your employee assistance program.

**9:45 AM - 10:45 AM**

**EVALUATING AND TRAINING OF SPORTS OFFICIALS**

**LEE WHITMAN, KANSAS SPORTS OFFICIALS; GORDIE WETMORE, KANSAS SPORTS OFFICIALS ASSOCIATION;**

**NANCY TOOLEY, KANSAS SPORTS OFFICIALS ASSOCIATION; PJ TUMA, KANSAS SPORTS OFFICIALS ASSOCIATION**

Join the session to talk about training, educating, evaluating, and retention of officials. We will discuss about the following sports: basketball, baseball, volleyball. This session will help you walk away with ideas and action steps to ensure you have the best officials possible for your youth sports.



**9:45 AM - 10:45 AM**

**DIVERSITY, EQUITY AND INCLUSION: BEST PRACTICES FOR HIRING AND RETENTION**

**SILAS DULAN, EVERGY**

(This session will be repeated in the afternoon.)

DE&I (diversity, equity & inclusion) continues to be a monumental topic of our times. It is shown up in how we view the workplace, how we treat others and how we think of ourselves. In this workshop you will learn of some best practices as it relates to creating and sustaining a culture that not only attracts, but also sustains talent from every walk of life.

**11:00 AM - 3:00 PM**

**TRADE SHOW**

Vendors from across our state and the nation will come together for the Annual KRPA Trade Show. As part of our COVID protocols for the KRPA Conference, attendees will be assigned a time to attend the trade show which will be 11:00-1:00 or 1:00-3:00. Your only time allowed into the trade show will be your assigned time. During the remaining trade show hours, enjoy a lunch in the Flint Hills Room.

**12:00 PM - 1:00 PM/  
2:00 PM- 3:00PM**

**AQUATIC SHOWCASE**

How many times have you wanted to try a piece of equipment or talk to someone who has used it before you bought it? Stop by and get your hands on pieces of aquatic equipment on land and in-water. The hotel pool will be available to try the in-water pieces of equipment - bring your suit and towel and walk away knowing how good your balance is!

**3:15 PM - 4:15 PM**

**EMPLOYEE HANDBOOKS & LABOR LAW - WHAT TO KNOW**

**BRIAN HUSTON, OUTRIGHTHR, LLX**

An in depth look at how to revise your employee handbooks or policy and procedure manual changes. To go along with that, discussion about the most updated labor laws and practices and how they can effect your policy manual.

**3:15 PM - 4:15 PM**

**TRANSFORMING YOUTH SPORTS CULTURE - OUR ROLE AND IMPACT**

**JEFF ECKERT, AUTHOR OF #SPORTSMANSHIP: GO VIRAL WITH IT**

This session describes the #1 challenge facing Sports Recreation and Parks Program Leaders in growing their programs in an increasingly combative environment - poor sportsmanship. In this session we will explore root causes of player, coach, and parent/fan negativity and how we can easily become a model and advocate for positive change. We will explore our role in raising athletes right and how we can control the environment responsible for 70% of athletes quitting sports by age 13, and causing officials to quit as well, resulting in our programs shrinking or closing.

**3:15 PM - 4:15 PM**

**RIVER RECREATION OPPORTUNITIES IN KANSAS**

**AARON DETERS, KANSAS ALLIANCE FOR WETLANDS AND STREAMS (KAWs)**

In recent years, many states across the midwest have been designing and constructing a variety of river recreation features utilizing a host of funding mechanisms. Kansas is unique to many of these states as the majority of rivers in Kansas are considered private and present unique challenges, yet paddle sport use still appears to be on the rise. River recreation opportunities exist throughout Kansas that can help with increased paddle sport interest, provide communities a quality of place/ quality of life improvement, and assist with greater support and adoption of water quality practices. I will give an overview of river recreation projects of other mid-west states followed by an overview of past efforts in Kansas. I will go into detail on the river recreation projects that are currently underway and what opportunities still exist in the public and private rivers of Kansas. Funding opportunities and available programs for planning and implementation will also be covered.



**JANUARY 20, 2022**

**CONFERENCE  
OLYMPICS**



A KRPA tradition is back by popular demand- the 2022 Manhattan Olympics! These Olympic games cultivate the park and recreation professional, through sports and mental challenges, and contribute to world peace. (Well, maybe not world peace but the joy of the KRPA family.) 32 five-person\* teams will compete in challenges from The Great Corn-holio to Logomania. Entry forms available on the KRPA website

**3:15 PM - 4:15 PM**

**DIVERSITY, EQUITY AND INCLUSION: BEST PRACTICES FOR HIRING AND RETENTION**

**SILAS DULAN, EVERGY**

(This session is a repeat from Thursday morning.)

DE&I (diversity, equity & inclusion) continues to be a monumental topic of our times. It is shown up in how we view the workplace, how we treat others and how we think of ourselves. In this workshop you will learn of some best practices as it relates to creating and sustaining a culture that not only attracts, but also sustains talent from every walk of life.

**3:15 PM - 4:15 PM**

**MANAGERS NEED TRAINING TOO**

**JOE MARTEN, DERBY RECREATION COMMISSION; DONITA GRINDE-HOUTMAN, DERBY RECREATION COMMISSION**

How do you know your next management team is ready for their first day out on the deck? Management training is needed even for those that have been a lifeguard for your facility for years and is a strong peer leader. We will discuss strategies that have helped to prepare our management team for success as well as activities that have not been as successful, and positive roles for those wanting to pursue careers in the aquatics field.

**3:15 PM - 4:15 PM**

**KANSAS DRONE LAWS**

**MARK ENGHOLM, KANSAS HIGHWAY PATROL**

A quick review to better understand the laws governing drones and the illegal acts that could trigger a criminal complaint or civil lawsuit.

**3:15 PM - 4:15 PM**

**GET OUTSIDE AND PLAY**

**JIMMY KEGAN, EUDORA PARKS AND RECREATION**

The pandemic brought us outside to enjoy our parks, trails and amenities. Let's keep the ball rolling and get outside to play! Leave this session with 50+ different program ideas you can take to your organization and start immediately.

**3:15 PM - 4:15 PM**

**NOT YOUR AVERAGE RACE - IT'S THE ADVENTURE RACE!**

**KATE RENNER, JOHNSON COUNTY PARK AND RECREATION COMMISSION; TIARA ADAMS, OFF ROAD RAGE ADVENTURE RACING**

This session is all about how to host an Adventure Race in your community. You can modify your race to be as elaborate or simple as you'd like, whichever is the best fit. Join us as we breakdown the steps on coordinating this Family Wellness event.

**3:15 PM - 4:15 PM**

**RECREATION AS A BUILDING BLOCK**

**MIKE BELL, RDG PLANNING AND DESIGN; COLT MCDERMO-TT, RDG PLANNING AND DESIGN**

What is an Urban Recreation District? This presentation will introduce you to Iowa's first such district, its origins and the significant public / private partnerships that helped bring this project to fruition. During the recently completed City-wide Park and Recreation Master Plan called LiveDSM, a few significant areas within Des Moines were found to be underserved including this project area. A partnership between the Iowa Parks Foundation, the local business community, and The Avenues of Ingersoll & Grand, a Self-Supported Municipal Improvement District (SSMID), initiated this master planning study. The study included significant stakeholders including the City of Des Moines Parks and Recreation Department, the Des Moines Public School System, the Des Moines Art Community, seven neighborhood associations, as well as residents and other visitors to the district.

**4:30 PM - 5:30 PM**

**SPORTS BRANCH ROUNDTABLE**

The session will include the following topics: 1- Coaching Incentives (discount, select practice times) 2- Streaming Youth Sports 3- Forming Teams (by schools, allow them to form, draft) 4- Requests from Registrations (coach, friends, school, transportation) 5- Scheduling Software (Team Sideline, RecTrac, CivicPlus) 6- Coaching Resources 7- Inclement Weather Procedures and Policies 8- Officiating Incentives (how to recruit, why recruit, when to recruit)

**4:30 PM - 5:30 PM**

**RECREATION ROUNDTABLE**

**4:30 PM - 5:30 PM**

**EVERYBODY PLAYS: PLAY FOR ALL AGES**

**JILL MOORE, LANDSCAPE STRUCTURES INC.**

As our population continues to age, communities must continue to stay livable and usable to all- because the reality is we're designing these communities for our future selves. According to the World Health Organization, by 2050 2 billion people will be over the age of 60. Everybody Plays takes a look at the evolution of our aging population and age integration trends. Specifically; we will take a look at how intentionally designed parks contribute to healthy lifestyles both physical and mental, can keep users engaged in society- thus reducing isolation in older adults, meeting the needs of younger children, and providing engagement at all stages. Through best practice design elements, we can create park and play-spaces that go beyond access but provide enriching and engaging experiences for all so that we can continue to learn from each other, combat ageist beliefs, and most importantly- allow everybody to play.

**4:30 PM - 5:30 PM**

**COMMUNITY CAMP 101**

**SUSAN LAMB, HESSTON RECREATION AND COMMUNITY EDUCATION**

Hesston has hosted a "community" camp for middle school students for 12 years with great success. Kids learn about the history of our town, spend time learning about the work of Fire/EMS/Police Department, get a behind the scenes look at more than a dozen local businesses and end the week by completing a community service project. This project has the ability to be self-sustaining benefitting not only camp participants but families and the local community. Details from planning through implementation will be outlined in this session enabling attendees to make plans for hosting a similar event in their home town.

**4:30 PM - 5:30 PM**

**RECREATIONAL FISHING ACCESS AND OPPORTUNITIES IN KANSAS**

**JEFF CONLEY, KANSAS DEPARTMENT OF WILDLIFE AND PARKS**

The session will explain the CFAP, WIFA programs. Jeff will also touch on some other opportunities that Kansas Department of Wildlife and Parks has to make recreational fish better around the state.

**4:30 PM - 5:30 PM**

**CREATING A POSITIVE CULTURE THROUGH MANAGING PERFORMANCE EXPECTATIONS**

**JOE MARTEN, DERBY RECREATION COMMISSION; DONITA GRINDE-HOUTMAN, DERBY RECREATION COMMISSION**

What type of expectations do you have for your staff? In this session we will talk about how to create and manage your expectations for all levels of your staff based upon their years of experience. Bring a copy of your aquatic job descriptions and certifying organization benchmarks to begin the discussion on creating expectations for your staff to adhere to and form a positive culture through increasing self-confidence.



# FEATURED SPEAKERS

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## BETH ZIESENIS

**Beth Z, also known as your Nerdy Best Friend, has made a verb out of the word nerd. She will help you filter through thousands of apps, gadgets, widgets and doodads to find the perfect free and bargain technology tools for work and home. She has written multiple books on apps and has spoken to about 100,000 people, about 99.9% of whom can't pronounce her last name.**



## FRANK TRACZ

**Dr. Frank Tracz is professor of music and director of bands at Kansas State University. At K-State, he directs the Wind Ensemble and the Marching Band, teaches graduate and undergraduate conducting, advisor to Kappa Kappa Psi, Tau Beta Sigma, and the Band Ambassadors, and administers and guides all aspects of a large BIG XII comprehensive band program.**



4:30 PM - 5:30 PM

NOT YOUR AVERAGE RACE - IT'S THE ADVENTURE RACE!

PART 2

KATE RENNER, JOHNSON COUNTY PARK AND RECREATION DISTRICT; TIARA ADAMS, OFF ROAD RAGE ADVENTURE RACING

Now that you know what an adventure race is, it's time for you and your team to do some orienteering around the conference to find as many points on the map as possible all within one hour! This physical activity will get you moving while working your brain with clue solving, directions and more. Prizes for the winning team.

4:30 PM - 5:30 PM

CHILD PASSENGER RESTRAINT LAWS

CARSON A. NUSS, KANSAS HIGHWAY PATROL/ DRUG AND ALCOHOL EVALUATION UNIT

This session will be at a review of Child Passenger Restraint Laws for the State of Kansas. It will cover type of restraints required for the child's age and size. Also covering enforcement of violations and the fines associated with each type violation.

6:00-7:00  
DINNER



We Make It Happen.

7:00 PM  
KRPA SOCIAL:  
2022 OLYMPICS

SPONSORED BY MUSCO

A KRPA tradition is back by popular demand- the 2022 Manhattan Olympics! These Olympic games cultivate the park and recreation professional, through sports and mental challenges, and contribute to world peace. (Well, maybe not world peace but the joy of the KRPA family.) 32 five-person\* teams will compete in challenges from The Great Corn-holio to Logomania. Entry forms MUST be returned by 5:00 p.m. on FRIDAY, JANUARY 14. Only the first 32 teams to enter will be accepted. Eligible entrants must be full-time P&R professionals only who are also conference full-time or Thursday daily package holders.



LANDSCAPE ARCHITECTURE | PLANNING | URBAN DESIGN

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## SILENT AUCTION ITEMS NEEDED



A large portion of the KRPA Scholarship Fund is received from the annual Trade Show silent auction at the KRPA Conference. Again in 2022, KRPA will hold a silent auction before and during the 2022 Conference to raise funds for the KRPA Scholarship Association.

This year's silent auction will be hosted on Facebook but items on display at the Trade Show.

Here's where you come in! Donations are needed. Please ask your agency, businesses, co-workers and community members for donations for this great cause! Small to large items are appreciated. Please contact Jamie Reed at [jamie@krpa.org](mailto:jamie@krpa.org) with any questions.



**8:00 AM - 2:00 PM  
REGISTRATION OPEN**

**8:30 AM - 10:00 AM**

**4TH AMENDMENT UPDATES - PARKS SPECIFIC**

**SARAH WASHBURN, KANSAS HIGHWAY PATROL**

4th Amendment update, will discuss car stops, camper/tent searches, and person searches and updates that relate to each.

**8:30-11:30**

**PARK TOUR**

Step into the Park Tour Time Machine and visit the sights and programs of new and old. The three hour tour will encompass touring two of the Cities newest recreation/activity centers, viewing park prairie restoration and several Pollinator Pocket Program locations. During the journey a stop will be in Anneberg Park to view ongoing Flood Mitigation work and, hopefully, a glimpse into the Cities newest Park under development. The future is bright in Manhattan!

**8:30 AM - 9:30 AM**

**INCLUSIVE PLAN-WATERPLAY SOLUTIONS**

**KATE SHEPARD, PLAYSCAPES; EVELYN HERNANDEZ; WATERPLAY SOLUTIONS**

Designing for inclusivity goes beyond ADA compliance. Individuals are still experiencing exclusion from traditional play experiences that can be easily avoided. Inclusive play goes beyond getting wet on the aquatic play pad, it is about the quality of the play experience that follows. The goal is to accommodate different play habits and styles simultaneously, so everyone can play together in one space. If we nurture the human elements of play including the sensory, cognitive, social, physical, and creative elements we can target unique areas of development for children, appropriate to their age and ability. Come and hear how to identify thoughtful design elements to increase safety, accessibility and maximize inclusive play value, types of strategies used to create a multi-generational aquatic play space for a diverse community, identify areas of an aquatic play space that go beyond ADA Accessibility, and learn how to describe why social equity in public parks, recreation services and recreation programs is important.

**8:30 AM - 9:30 AM**

**HOOK EM & HIRE EM**

**FAITH EISSLER, JOHNSON COUNTY PARK AND RECREATION DISTRICT**

In this session we'll talk about creative recruitment for part time, seasonal and full time staff. We will discuss the importance of community partnerships and making community connections for recruitment. Then we'll go into the on boarding processes for full & part time. Help us help you be more consistent with the on boarding of new staff!

**8:30 AM - 9:30 AM**

**LGBTQ 101: WHAT'S UP WITH ALL OF THOSE LETTERS?**

**MISTY TOWN, JOHNSON COUNTY PARK AND RECREATION DISTRICT**

Have you heard acronyms like "LGBT," "LGBTQ" or "LGBTQ+" and asked yourself what does any of that mean? Do you feel you lack the skills needed to address concerns and questions from patrons and co-workers who identify as LGBTQ? Gain a better understanding of current terminology such as, queer, pansexual, intersexed, gender fluid and transgender. In addition, you will learn about issues facing the LGBTQ community while having the opportunity to ask questions in a safe and non-judgmental space.

**8:30 AM - 9:30 AM**

**KDHE LICENSING FOR SCHOOL AGE**

**PROGRAMS**

**MELISSA SCHOENBERGER & JENNIFER MANUEL, KANSAS DEPARTMENT OF EDUCATION**

Looking to add a licensed school age program to your facility or organization?

Representatives from KDHE available to answer questions and to give tips on what licensing looks like, how to start from scratch and how long it takes to get it up and running.

**8:30 AM - 9:30 AM**

**PREPARING FOR ACCREDITATION- A BACKGROUND ON WHY AND HOW**

**JEFF STEWART, JOHNSON COUNTY PARK AND RECREATION DISTRICT; TROY HOUTMAN, WICHITA PARK AND RECREATION**

Achieving CAPRA Accreditation is the best way to demonstrate that your agency and your staff provide your community with the highest level of service. Learn how you can use PowerDMS or other document management systems to easily and successfully achieve accreditation. Prepare for this important process with plenty of advance-time and advice.

# FEATURED SPEAKERS

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## SILAS DULAN

Silas Dulan is responsible for developing, implementing, and cultivating Evergy's overarching diversity, equity and inclusion strategy. Silas began his career with Evergy in 2016 as a Sr. HR Business Partner. Subsequently, he served as Trading Analyst within the company's Power Marketing Department. He has led the company's diversity, equity and inclusion efforts since 2019.



## RACHEL BERBILGLIA

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Rachel Berbiglia is the creator of a new podcast series, "Uncovering Kansas", and a self-proclaimed Kansas Ambassador. Rachel is a problem solver, with over 15 years of experience managing enterprise-wide, complex strategic and operational programs. She enjoys the challenge of seeing the big picture while being able to execute on the details to ensure successful outcomes.

**8:30 AM - 9:30 AM**

**PROMOTING THE PROFESSION**

JANICE JEWETT, PITTSBURG STATE UNIVERSITY; LAURA CO-  
VERT-MILLER, PITTSBURG STATE UNIVERSITY; RICK HAR-  
DY, PITTSBURG STATE UNIVERSITY ; SHELBY HUTCHENS,  
PITTSBURG STATE UNIVERSITY

Learn and share ideas regarding competitive wages and other benefits and incentives that attract and keep employees in the recreation profession! This includes part-time/seasonal as well as full-time professionals. Walk away with strategies on increasing wages as well as employer strategies for being competitive in the job market plus more!

**8:30 AM - 9:30 AM**

**CANADA GOOSE POPULATION CONTROL**

BRANDON LANTZ, USDA

This session will cover the importance of wildlife population control in parks and waterways, specifically Canada Goose overpopulation and the damage it can cause. Brandon will speak about our interdepartmental relationship to control goose populations in our waterways and steps taken to do that.

**9:45 AM - 10:45 AM**

**ADAPTIVE RECREATION (PEOPLE WITH DISABILITIES  
LEADING INDEPENDENT LIVES)**

DR. MELISSA BURNS PSYD, THE WHOLE PERSON

The Whole Person's mission is to connect people with disabilities to the resources they need by supporting independent choice and advocating for positive change in the community. They envision a fully accessible community where opportunities and choices are not limited by disability.

**9:45 AM - 10:45 AM**

**INVASIVE PLANTS AND PARKS: WHAT'S THE PROBLEM?**

RYAN ARMBRUST, KANSAS FOREST SERVICE

Many invasive plants can be found across Kansas, including in the midst and at the margins of our public parks and recreation lands. In this session, a few of the most concerning plants will be identified, including bush honeysuckle, callery pear, wintercreeper, and more. In addition, case studies will be shared highlighting successes and challenges in management from partnerships between the Kansas Forest Service and local park and recreation departments

**9:45 AM - 10:45 AM**

**LITTLE LEAGUE-THE ROYALS WAY**

DARWIN PENNYE, KANSAS CITY URBAN YOUTH ACADEMY

This is a look at the professional baseball player development approach to playing youth league baseball. The player development approach is ensuring every player receives the same resources.

**9:45 AM - 10:45 AM**

**GENDER IDENTITY: MOVING THROUGH A "FLUID" WORLD**

MISTY TOWN, JOHNSON COUNTY PARK AND RECREATION DISTRICT

Living in a world of constant change requires organizations to stay current with often uncomfortable societal changes. Developing awareness on gender issues and a better understanding of the transgender community will allow you to not only provide a safe space for those patrons, it allows you to have a plan in process before a situation arises.

**9:45 AM - 10:45 AM**

**EPISODE IV: MODEL AQUATIC HEALTH CODE RETURNS!**

TINA DITTMAR, CITY OF LAGUNA NIGUEL

The Model Aquatic Health Code is one of the most important documents evolving in the aquatic industry. We will discuss the latest updates to the 2021 Edition, interesting tidbits, and the future of the MACH.

**9:45 AM - 10:45 AM**

**WE LIKE TO MOVE IT, MOVE IT! - YOUTH FITNESS**

ALISON SMITH, JOHNSON COUNTY PARK AND RECREATION DISTRICT; JENNY SMITH, MISSION PARK AND RECREATION

Youth wellness, it SOUNDS like a great program, but how do you hook 'em so they keep coming back for classes? In this session we'll talk about keeping your Youth Fitness classes and programs fresh, and we'll dive into the discussion of Tweens being on your fitness floor. How do you determine what age is too young?

**9:45 AM - 10:45 AM**

**THE COVID EFFECT- ADMINISTRATION ROUNDTABLE**

ADMINISTRATION BRANCH BOARD

Join Administrative professionals as we discuss the continued presence and challenges of COVID-19. Topics of discussion will include: labor shortages, volunteer shortages, supply chain delays, and strategies to combat these issues. We will also discuss the lingering fatigue on our staff, morale boosters and other challenges on your mind. Come ready to share, offer solutions, and network.

**10:15 AM - 11:45 AM**

**KANSAS ALCOHOL LAWS**

ENFORCEMENT AGENT TONY WEBB, KANSAS DEPARTMENT OF REVENUE, ALCOHOLIC BEVERAGE CONTROL

Underage drinking is a problem in Kansas as it is throughout the United States. It poses a public safety threat to everyone, as well as threatens the health and welfare of our youth. This class will be a review of Kansas alcohol laws dealing with underage drinking and how to investigate violations. With the end goal of combating the risks involved with underage drinking and develop methods to reduce underage drinking and the many other problems associated with it.

**11:00 AM - 12:00 PM**

**MUSCO'S NEWEST SOLUTIONS, FROM LIGHTING TO AUTOMATED BROADCASTING.**

BRAD THOMPSON, MUSCO

Learn about solutions for your field. We will start with our lighting solutions, covering key factors like spill and glare control, warranty, controls, life expectancy and benefits of LED. Through the presentation, we will explain how to determine if poles and electrical equipment can be reused and introduce new advances improving playability, such as our BallTracker technology and enhancing the fan and player experience with our Show-Light entertainment package. Lastly, we will cover our new MuscoVision, automated sports broadcasting, an all-in one solution that makes it easy for your facilities to broadcast the action on your fields to family and friends watching from across town or around the country.

**11:00 AM - 12:00 PM**

**MOWING TO NATIVE: THE BENEFITS OF EMBRACING NATIVE PLANTS IN PARKS**

LANCE KLEIN & WILL METCALF, SWT DESIGN

Parks are increasingly playing a larger role in the strategies that municipalities use to address issues in stormwater, air quality, and public health. As parks and other green spaces grow in importance, they must be adapted to these challenges while still serving as hubs for recreation, relaxation, and community gatherings. Native plants play a critical role in these adaptations; however, many parks managers and staff are not familiar with the benefits and maintenance needs of these plants. This discussion will explore the performative benefits that native plants provide in addition to their impact on day-to-day parks operations and maintenance.



**11:00 AM - 12:00 PM**

**CAMP ACTIVITY SWAP MEET**

LISA HUGHES, JOHNSON COUNTY PARK AND RECREATION DISTRICT; AMY BRANSON, JOHNSON COUNTY PARK AND RECREATION DISTRICT

Are you tired of offering the same games, craft projects and programs at your summer camps? Participate in our first time Camp Activity Swap Meet! Session participants will gather ideas and share in small groups on their favorite games, camp activities and camp counselor training exercises. Everyone will receive the ideas shared at the session to try this summer! Come with your game, activity and training ideas!

**11:00 AM - 12:00 PM**

**WICHITA STATE UNIVERSITY ATHLETIC POLICY COMMITTEE**

DR. MARK VERMILLION, WICHITA STATE UNIVERSITY  
WSU created a Athletics Policy Committee, task force charged with reviewing the culture and existing ICAA policies, procedures and proactivities within the Athletics Department. Their goal is to ensure Wichita State University provides a supportive environment for all student-athletes. During this process, they learned what was missing and needed for better cohesiveness for staff and the student body of WSU. Learn what agencies should review for best practices and policies to ensure they are adhering to a culture for success.

**11:00 AM - 12:00 PM**

**STEREOTYPES: HATERS GONNA HATE!**

MISTY TOWN, JOHNSON COUNTY PARK AND RECREATION DISTRICT

What do you do when you hear someone being the target

of a stereotype? How often do you judge a person based on a widely held and often over-simplified belief about a particular class of people? Gain a better understanding of your own personal bias while also better understanding how to discourage the use of stereotypes in the work place.

**11:00 AM - 12:00 PM**

**AQUATICS ROUNDTABLE**

AQUATICS BRANCH

**11:00 AM - 12:00 PM**

**LESSONS ON BUILDING RESILIENCE & AVOIDING BURNOUT**

JOSH WOLF, JWOLFCOACHING LLC

Have you ever wondered how some people seem to be able to just keep going? Day to day, month to month, they are able to give more energy, achieve incredible successes and have a contagious zest for life? The answer is actually at your fingertips, and it's so simple that it just might shock you. In this session, you will learn from Ironman Coach & Triathlon Champion, Josh Wolf, on how to build lasting resilience and avoid burnout that plagues so many of our lives. You will leave armed with the ability to feel capable of taking on the challenges that we all face not only in our careers, but also in life.

**12:15 PM - 2:00 PM**

**AWARDS CEREMONY AND LUNCH**

Join us for final celebration of the 2022 conference to honor the KRPA Hall of Fame inductee and the Distinguished Annual KRPA Award winners. Lunch will be provided.

**REGISTRATION AND ALL CONFERENCE INFORMATION IS AVAILABLE AT [WWW.KRPA.ORG/CONFERENCE](http://WWW.KRPA.ORG/CONFERENCE).**

**WE LOOK FORWARD TO SEEING YOU IN MANHATTAN!**